

# Proverbs

*A new curriculum for promoting understanding  
across generations and cultures*



Panela velha e' que faz comida boa  
(Portuguese)

The old pan is the one that makes good food!!

Booklet: <http://intergenerational.cas.psu.edu/Docs/Booklet.pdf>  
Overheads: <http://intergenerational.cas.psu.edu/Docs/Overheads.pdf>

## ABOUT THE CURRICULUM

### AUDIENCE

- Youth, ages 12-19
- Older adults
- Intergenerational audiences

### OBJECTIVES

Participants will:

- Increase understanding of the process of aging
- Increase communication with family members
- Develop intergenerational relationships
- Raise awareness of cultural differences and similarities

### LIFE SKILLS

- Communicating
- Caring for others
- Thinking and reasoning
- Empathizing
- Accepting differences

### LENGTH

- About one hour (or longer, depending on length of discussion)

### FORMAT

This curriculum requires a facilitator who presents selected proverbs and engages the participants in discussion and activities related to the theme of the proverb. Discussion points are provided for the facilitator. The curriculum can be used to supplement other programs aimed at promoting intergenerational and multicultural understanding.

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